

# Weekly Wrap-up

A Report from Town Administrator Lisa Wong

## National Police Week



Town In 1962, President Kennedy proclaimed May 15 as National Peace Officers Memorial Day and the calendar week in which May 15 falls, as National Police Week. National Police Week pays special recognition to law enforcement officers who have lost their lives for the safety and protection of others.

### PUBLIC HEALTH:

May is Mental Health Awareness Month.

For help, call or text the Massachusetts Behavioral Health Help Line

833-773-2445  
or chat online at [masshelpline.com](https://masshelpline.com)

Available 24/7 including holidays. Available in more than 200 languages.

There are 25 Community Behavioral Health Centers as one-stop shops for mental health and substance use. Find one at:

[www.mass.gov/community-behavioral-health-centers](https://www.mass.gov/community-behavioral-health-centers)

### Selectboard

The next hybrid meeting will be held on Tuesday, June 6 at 7pm at the Senior Center.  
[www.southhadley.org/agendacenter](https://www.southhadley.org/agendacenter)

### Yoga

Outdoor Yoga at Buttery Brook Park is coming back on June 6th. For more information or to register please visit: <https://serenityyogastudio.net/outdoor-yoga>

### Shredding

2nd Baptist Church  
589 Granby Road  
Sponsored by the S.A.L.T. Council  
May 20, 2023  
9am-11am  
Donations accepted to benefit senior citizens.

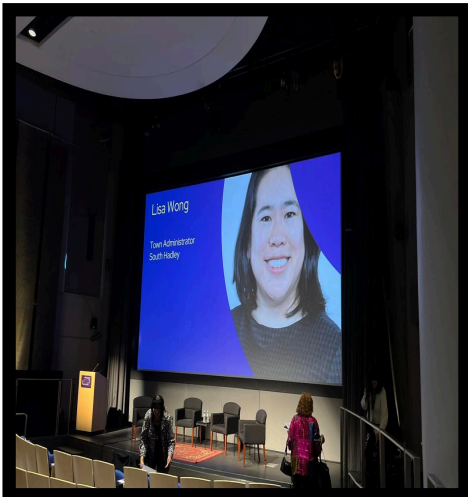
# NEWS & ANNOUNCEMENTS



KEEP UP WITH SOUTH HADLEY'S LATEST NEWS



Ribbon Cutting at the Thai Place for their new event space. Delaney's Market will have their ribbon cutting on Wed, May 24 at 10am.



Above: TA Wong will join other speakers on Monday, May 23 at WGBH for a conversation as part of Asian American Pacific Islander Heritage Month. Right: Aging in Place Fair.

**SHCOA PRESENTS**

## AGING IN PLACE: HEALTH AND WELLNESS FAIR

**WEDNESDAY, JUNE 28TH 10:00 AM TO 1:00 PM**  
**SOUTH HADLEY COUNCIL ON AGING**  
**45 DAYTON STREET, SOUTH HADLEY**

**OPEN TO THE PUBLIC, SENIORS, FAMILY MEMBERS, AND CAREGIVERS.**

**40+ VENDORS & ELDER CARE PROVIDERS**  
**FREE RAFFLES & GIVEAWAYS**

**THIS EVENT WILL PROVIDE ATTENDEES WITH COMPREHENSIVE INFORMATION ON A VARIETY OF AGING IN PLACE OPTIONS, EQUIPMENT, DEVICES, SERVICES AND RESOURCES.**

- Gather important information provided by health care professionals all under one roof.
- Sign up for a home safety check performed by S.H. Fire Department personnel.
- Free grocery bag courtesy of the Friends of the South Hadley Seniors.

**JUNE 28TH | 10:00 AM-1:00 PM**  
**PLEASE CALL 413-538-5030 FOR MORE INFORMATION.**